



Get to know Foodsmart through VitalizeSM

Foodsmart is a digital nutrition platform with tools that make it easy to eat well!

How it works



NutriQuiz

See how your eating habits stack up and instantly get personalized tips and recipes.



Recipes

Our vast database of recipes has plenty for everyone's preferences, time, and budget.



Grocery list

A digital grocery list is automatically created for your selected recipes.



Favorites

Add your favorite recipes so you can easily find them whenever you want.



Blog

Educational tips and resources from Foodsmart's experts to help you eat your best.



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UN-3655y25 / 19671-24M
A11yCRG-082124